



SENSORY & PHYSICAL

L1-L6

Outcomes

| Fine Movement | |
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| Level 1 | <ul style="list-style-type: none"> Uses fingers to feel a variety of movement Smears damp materials eg gloop or paint, with their whole hand onto another surface |
| Level 2 | <ul style="list-style-type: none"> Will roll, squeeze, pound and pull a variety of malleable materials Grasps an object when placed in hands Reaches with whole arm movement |
| Level 3 | <ul style="list-style-type: none"> Drop an object onto a table e.g. when requested by an adult with prompting (verbal or gesture) Picks up an object Claps hands Maintains grip on an object for 5 or more seconds |
| Level 4 | <ul style="list-style-type: none"> Removes pegs from a peg board using a fist grip Transfers objects from one hand to another Drops an object in a designated space Uses tools to that unintentionally make marks in damp material Stacks objects on top of each other Stacks objects within one another Uses hands and wrist action to roll malleable material Separates malleable material (e.g. playdough) using any given tool Pours from one container to another in water/sand tray |
| Level 5 | <ul style="list-style-type: none"> Stacks 5 identical beakers/cones Stacks 5 large bricks (5cm) Stacks 5 small bricks (2cm) Posts shapes or objects through fitting hole Can physically fit together construction or interlocking pieces (object that are designed to fit in certain ways e.g. train track, puzzles) |
| Level 6 | <ul style="list-style-type: none"> Can physically stack a variety of objects Screws and unscrews objects |
| Gross Movement | |
| Level 1 | <ul style="list-style-type: none"> Tolerates being moved from front to back Tolerates being moved from back to front With physical support can transition from back to side Moves limbs independent of each other |
| Level 2 | <ul style="list-style-type: none"> Develop my balance and coordination when accessing my physical environment and resources. (ambulant pupil) Actively participate in physical activities to develop coordination and stamina Moves arms to reach whilst lying on back Moves with intent whilst in the supine position |
| Level 3 | <ul style="list-style-type: none"> Intentionally grasps an implement/object firmly Reaches midline whilst led down Pushes but does not kick a ball Pushes but does not roll a ball Pushes themselves onto all fours Touches both hands together |
| Level 4 | <ul style="list-style-type: none"> Crawls on their belly Crawls on all fours |
| Level 5 | <ul style="list-style-type: none"> Crawls on apparatus Holds an adult hand whilst jumping off equipment Picks up objects from the floor without falling over |
| Level 6 | <ul style="list-style-type: none"> Paints with whole arm movement Walks using a walking frame Walks up and down steps with adult support Walks unaided but with a wide gait Walks unaided Carry's an object whilst walking/moving Shows confidence on small apparatus Jumps on equipment/apparatus e.g. bench Climbs on a range of small apparatus |
| Posture and health | |
| Level 1 | <ul style="list-style-type: none"> Will participate in regular physiotherapy/mobility exercise. With physical support can hold head in a set position Will hold head in a set position With physical support – can begin to move head in a variety of directions |
| Level 2 | <ul style="list-style-type: none"> I will maintain or increase core strength Tolerates physical support in the supine position Tolerates physical support in the prone position To lie in the prone and supine position with no adult support (aids if applicable) |
| Level 3 | <ul style="list-style-type: none"> Actively participate in physical activities to develop and maintain motor coordination and control. Tolerate physical support from the prone to the seated position Sits with support Assumes a seated position independently |
| Level 4 | <ul style="list-style-type: none"> Move from a seating to a standing position with adult support Pulls themselves from a seated to a standing position e.g. using a table |
| Level 5 | <ul style="list-style-type: none"> Move from a seating to standing position independently |

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| Level 6 | <ul style="list-style-type: none"> ▪ Steadies themselves whilst standing e.g. using a table or adult for support ▪ Stands independently |
| Sensory | |
| Level 1 | <ul style="list-style-type: none"> ▪ Tolerates physical support during day to day activities ▪ Notices tactile stimuli e.g. being touched ▪ Notice visual stimuli ▪ Fleeting response to 3 different tactile stimuli ▪ Fleeting response to 3 auditory stimuli ▪ Fleeting response to a variety of smells ▪ Fleeting response to 3 visual stimuli ▪ Uses senses to explore activities happening near themselves ▪ Uses senses to explore events happening near them ▪ Uses senses to explore objects happening near them |
| Level 2 | <ul style="list-style-type: none"> ▪ Uses senses to show an awareness of stimuli e.g. objects, events and activities happening around or near them. ▪ Sustains gaze or interest in an object for a few seconds ▪ Plays at making different vocal sounds alone or without others ▪ Explore sounds using a range of actions ▪ To explore the tactile properties of objects and materials which differ in texture, size, weight, shape, pliability, density etc through a variety of actions |
| Level 3 | <ul style="list-style-type: none"> ▪ Will touch presented objects when presented by an adult ▪ Locates and tracks stimuli ▪ Tracks an object in a vertical plane using whole head/neck ▪ Tracks an object from one side to another |
| Level 4 | <ul style="list-style-type: none"> ▪ Grasps an object and bangs for stimulation ▪ Grasps an object and shakes for stimulation ▪ Tracks an object repeatedly moving from side to side ▪ Explores a choice of objects presented to them |
| Level 5 | <ul style="list-style-type: none"> ▪ Actively uses the vestibular sense to explore environment (to know they are sitting, standing, hanging, spinning etc) ▪ Actively uses the visual sense to explore environment ▪ Actively uses the auditory sense to explore environment ▪ Actively uses the tactile sense to explore environment |
| Level 6 | <ul style="list-style-type: none"> ▪ Copies a variety of physical actions |