

**The Milestone School Progression Pathway – PSHE (Pathway also used for Personal development)**

**Programme of Study**

	<b>EYFS</b>	<b>PMLD Level L1 -3</b>	<b>Complex needs L 4-6</b>	<b>Semi formal L 7-12</b>	<b>Formal L 13-18</b>
<u>Term 1</u>	PSED Sense of self	Self-care  Engagement and relationships – EHCP lead	Self-care and independence  Engagement and relationships – making Relationships	Self-Care and independence  The Wider World – Functional skills	Self-Awareness  The Wider World – Skills for life
<u>Term 2</u>	PSED Health and self care	Self-care Engagement and relationships – EHCP lead	Self-care and independence Engagement and relationships – Readiness to learn	Self-care and independence  Relationships – Social Skills	Self-Awareness  Relationships – Social skills
<u>Term 3</u>	PSED Understanding Emotions	Self-care Engagement and relationships – EHCP lead	Self-care and independence Engagement and relationships – Managing Emotions and Behaviour	Self-care and independence Health and Wellbeing – Managing Emotions and Mental Health	Self-Awareness Health and Wellbeing – Managing emotions and mental health
<u>Term 4</u>	PSED Sense of self	Self-care Engagement and relationships – EHCP lead	Self-care and independence Engagement and relationships – making Relationships	Self-Care and independence The Wider World – community	Self-Awareness The Wider World – Rights and responsibilities
<u>Term 5</u>	PSED Health and self care	Self-care Engagement and relationships – EHCP lead  <b>RSHE</b>	Self-care and independence Engagement and relationships – Readiness to learn  <b>RSHE</b>	Self-care and independence Relationships – Growing and Changing  <b>RSHE</b>	Self-Awareness Relationships – Growing and changing  <b>RSHE</b>
<u>Term 6</u>	PSED Understanding Emotions	Self-care Engagement and relationships – EHCP lead	Self-care and independence Engagement and relationships – Managing Emotions and Behaviour	Self-care and independence Health and Wellbeing – Safety	Self-Awareness Health and Wellbeing – Safety