



Autumn & Winter 2024

Week 1 Menu - Weeks Commencing 14/10 - 11/11 - 2/12



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1	Wholemeal Pasta Bolognese Bake	Sausage Plait & New Potatoes	Roast Turkey with Sage & Onion, Roast Potatoes & Gravy	Lasagne with Garlic Bread	Fish Cake & Chips
Option 2	Italian Soya & Vegetable Wholemeal Bake	Vegan Sausage & New Potatoes	Spinach, Cheese & Mushroom Wellington with Roast Potatoes & Gravy	Vegetable Lasagne with Garlic Bread	Vegetable Burger
Option 3	Jacket Potato with Beans / Tuna Mayo / Cheese	Jacket Potato with Beans / Tuna Mayo / Cheese	Jacket Potato with Beans / Tuna Mayo / Cheese	Jacket Potato with Beans / Tuna Mayo / Cheese	Jacket Potato with Beans / Tuna Mayo / Cheese
Option 4	Ham / Tuna Mayo / Cheese Sandwich or Baguette	Ham / Tuna Mayo / Cheese Sandwich or Baguette	Ham / Tuna Mayo / Cheese Sandwich or Baguette	Ham / Tuna Mayo / Cheese Sandwich or Baguette	Ham / Tuna Mayo / Cheese Sandwich or Baguette
Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
Dessert	Jam Lamintons & Custard	Mixed Berry Cake	Peach Crumble & Custard	Chocolate Cake	Fruit Cocktail with Evapourated Milk

ALL MENU ITEMS ARE SUBJECT TO CHANGE DEPENDING ON SEASONAL AVAILABILITY

Chilled water is available throughout lunch. Bread, fresh fruit & yoghurts are available from the counter daily.
The Milestone School is committed to providing our pupils with freshly prepared and nutritionally balanced, tasty dishes that comply with the School Food Trust standards.

Any dietary requests and allergies must be notified to reception in advance.

ALLERGY INFORMATION - The kitchen is a NUT FREE area. Dairy Free, Gluten Free, Egg Free options are available if requested.





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Week 2 Menu - Weeks Commencing 21/10 - 18/11 - 9/12



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1	Italian Meatballs with Wholemeal Rice	Turkey Fricassee & Noodles	Roast Pork with Roast Potatoes & Gravy	Chicken, Mushroom & Vegetable Pie	Fishwich & Chips
Option 2	Italian Wholemeal Vegetable Rice	Butternut Squash & Lentil Fricassee with Noodles	Quorn Roast with Roast Potatoes & Gravy	Curried Falafel with Wholemeal Rice	Quorn Dippers & Chips
Option 3	Jacket Potato with Beans / Tuna Mayo / Cheese	Jacket Potato with Beans / Tuna Mayo / Cheese	Jacket Potato with Beans / Tuna Mayo / Cheese	Jacket Potato with Beans / Tuna Mayo / Cheese	Jacket Potato with Beans / Tuna Mayo / Cheese
Option 4	Ham / Tuna Mayo / Cheese Sandwich or Baguette	Ham / Tuna Mayo / Cheese Sandwich or Baguette	Ham / Tuna Mayo / Cheese Sandwich or Baguette	Ham / Tuna Mayo / Cheese Sandwich or Baguette	Ham / Tuna Mayo / Cheese Sandwich or Baguette
Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
Dessert	Banana & Sultana Cake & Custard	Pineapple Upside Cake	Chocolate Shortbread	Fruit Crumble & Custard	Rice Crispy Cake

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Week 3 Menu - Weeks Commencing 4/11 - 25/11 - 16/12



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1	Sausage with Sweet Potato Mash	Shepherdess Hotpot	Roast chicken with Roast Potatoes & Gravy	Wholemeal Quesidilla with Chilli Con Carne & Wholemeal Rice	Salmon Fish Fingers with Chips
Option 2	Vegan Sausage with Sweet Potato Mash	Vegetable & Lentil Shepherdess Hotpot	Quorn Roast with Roast Potatoes & Gravy	Quesidilla with Soya Chilli & Wholemeal Rice	Southern Fried Vegan Nuggets & Chips
Option 3	Jacket Potato with Beans / Tuna Mayo / Cheese	Jacket Potato with Beans / Tuna Mayo / Cheese	Jacket Potato with Beans / Tuna Mayo / Cheese	Jacket Potato with Beans / Tuna Mayo / Cheese	Jacket Potato with Beans / Tuna Mayo / Cheese
Option 4	Ham / Tuna Mayo / Cheese Sandwich or Baguette	Ham / Tuna Mayo / Cheese Sandwich or Baguette	Ham / Tuna Mayo / Cheese Sandwich or Baguette	Ham / Tuna Mayo / Cheese Sandwich or Baguette	Ham / Tuna Mayo / Cheese Sandwich or Baguette
Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
Dessert	Courgette & Carrot Cake with Custard	Eves Pudding	Fruit Cake	Jam Lattice with Custard	Fruity Jelly

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