The Milestone School CPD strategy

Tier three training – This training fits in with our overarching strategy of Trauma Informed/relational. Outside of Tier one and Tier two training staff can only take part in training that fits this strategy.

Understanding self

Objective: To gain an understanding of our preferred way of thinking and working with others.

- Understanding self-session / Colours of people (PowerPoint)
- Meyer Briggs profiling

Team Teach

First Aid

(SLT and Class LPs)

ACES

Food Hygiene

Values

Objective: To identify our personal values and to understand the values of the staff we work with and the whole school values.

- Brene Brown Values checklist
- Whole school Values

Guideposts for how we behave/relate to others

What is Relational & restorative practice

Objective: To understand the principles and theory of relational and restorative practice.

- GCC TIRP Module Principles and Values of RRP
- History and theory of restorative practice
- GCC TIRP Module Restorative Language
- Circle theory GCC Circle practices & approaches course & GCC circle facilitation courses
- Belonging & connectedness- Own Eastwood
- Play & Relationships GCC circle practices; Pooky Knightsbridge course (TBC); Virtual Schools 'Importance of play'
- GCC TIRP module Relationship
- Empathy & Sympathy Brene Brown
- GCC TIRP Module Harm & Conflict

Trauma informed practice

Objective: To have an awareness of trauma and the impact.

- Thrive modules; Headsight: TAG; ELSA
- GCC TIRP Module Trauma
- GCC TIRP Module Aces or Virtual School – Impact of Aces
- GCC TIRP Module Attachment
- GCC TIRP Module Shame
- KCSIE document

Managing Emotional Regulation

Objective: To understand the importance of regulation of emotions.

- GCC TIRP Module Co-regulation
- Virtual Schools Emotion Coaching
- Behaviour Icebergs for behaviour
- Interoception curriculum; Zones of Regulation
- Staff wellbeing circles; reflective supervision; mentoring & coaching; check ins; wellbeing charter
- GCC TIRP Module Resilience or Virtual School 'Building Resilience, an introduction'
- GCC TIRP Module Managing Change Emotional Available Adults training

Tier two training – This training is specific to the type of class staff work in or the specific job they do in school, e.g PMLD, complex needs, Leadership etc

Complex Needs:	PMLD:	Semi-Formal:	Formal:	KS4:	Subject Knowledge:	Leadership & Management:	Safeguarding & Attendance:
Team Teach L2	Intensive Interaction	RWI	RWI	Qualification specific	To be identified by TLR's for	SWALSS Conference	DSL course Level 3 (1 day)
TEACCH	Understanding the 8 senses	PDA	PE - All sorts (PE &	Careers	specific subjects in focus for	(SWALSS - 2 days)	DSL SANDMAT Network
Attention Autism/Curiosity	Sensory Processing Disorder	Talk for Writing	swimming)	P16 transition – internal	each year.	NPQH	meetings
programme	Sensory e.g. Sensory stories,	On Demand White Rose	PDA	D of E	Specific Communication	NPQSL	Safeguarding professional
Intensive Interaction	Story massage, TACPAC	Maths	Talk for Writing	PDA	Training	NPQT&L	network group (SWALSS – 4
Sensory stories	RSE	RSE	RSE	RSE		NPQMaths	sessions)
TACPAC	PD training on benefits and	Specific Communication	On Demand White Rose	Specific Communication		NPQEYFS	Attendance Meetings (GCC -
Autism and communication	purpose of specific	Training	Maths	Training		Dare to Lead Programme	3 per annum)
Autism and sensory	equipment	Personal Development eg.	Specific Communication	Specific Meds training as		(Brene Brown)	SANDMAT Attendance
experience	Early reading awareness	British values, Protective	Training	needed		Conscious Leadership	meetings
AET: Schools good Autism	Specific Communication	characteristics	Personal Development eg.			Programme (TBD)	Mental Health Leads
practise	Training	Specific Meds training as	British values, Protective			Subject leads training:	Network meetings
RSE	PMLD specific training	needed	characteristics			Can Do Maths Conference	(SANDMAT – XXX)
Specific Communication	Training specific to individual		Specific Meds training as			RE Annual Conference	SWALLS – Encouraging
Training	need e.g. CVI,		needed			SANDMAT network	Attendance session (DFP)
Early reading awareness	Personal Development eg.					meetings: English; Maths;	Reflective Supervision
Personal Development eg.	British values, Protective					Computing; PSHE	Training & support
British values, Protective	characteristics at a level					Forest Schools	
characteristics	appropriate to the learners.					Shift Yoga Conference	
Specific Meds training as	Moving & Handling					Arts Award Assessor Training	
needed	Specific Meds training as					ASDAN Moderation Meetings	
	needed						
Tier one training – All staff need this training to be able to work safely and successfully at The Milestone School.							

Total Communication

Introduction to Thrive

Medical administration

New to...courses

(SWALLS)

SAND Induction