

## Young person video for website script.

**All-** Careers at Milestone School.

**GRACE-** Today, we would like to show you a short video about some of our highlights about the Careers and Preparing for Adulthood program at school.

**Edie-** I have loved having experiences of internal and external mock interviews. These have developed my confidence and made a daunting life skill, into a productive and fun experience.

Over 30 of us went to Kohler Mira in Cheltenham to be interviewed by professional employers.

It was good to dress up smart and make this experience as realistic as possible.

The group work we had to prepare for the interviews helped and filling in application forms as part of the process helped to identify our strengths and things we enjoy doing.

**LUKE-** This year I have been able to get work experience in school and took on the role as Careers Assistant. I have learnt how to use the laminator, print photos and help to keep the careers board updated.

I have helped to prepare lots of paperwork for the mock interviews for year 10 and 11. This is a huge task with over 60 candidate packs to make, including sorting out envelopes, making lanyards for the interview panel and interviewees. I really enjoy organising and sorting.

There are lots of jobs to do throughout the school year with careers. I help Jude, our careers adviser, to promote events by putting up posters and offering my suggestions and feedback.

**Megan-** I have been able to use my love of math's in different ways through work experience. I help in Wallabies class with younger children, and I have volunteered at the Riding for the Disabled charity shop. (my favorite thing was counting all the packs of Christmas cards). I met customers and found out about running a clothes shop.

I enjoyed going off site with a group of others for an employer encounter experience with John Lewis in Cheltenham, finding out about all the different departments and job opportunities.

I have aspirations to become a math's teacher or have a job involving math's and I feel Milestone has supported this and give me opportunities to help me with this.

**Jack-**

**Nirosh-** I have been to visit Gloucester Kingsholm rugby stadium for group work experience and found out so much about the history of rugby, the different job roles and especially about catering and hospitality there.

This year for my work experience, I work at the Chamwell Cafe every week in the kitchen with the chef. I help to prepare food, serve customers, use the till and keep the cafe clean.

My creation of the chocolate orange brownies were a hit and they fly off the shelves when I make a batch!

**Grace-** All pupils and departments take part in fun and educational trips to widen the pupils' experiences. Foundation department have been to Dinky Street – a role play Centre, Platform going on a train ride and learn about the railway network. Various classes in Middle and Seniors have been behind the shop floor and explored ASDA, been on boat rides and taken part in interactive sensory activities.

This week so much is happening with our whole school- as it's Autism acceptance week- the silent disco was brilliant.

**Megan-** The Where Next evening helps to provide information and advice for the range of Post 16 providers and support services for us and our families.

The college link days we go to in Year 10 and Year 11 really help to prepare us for leaving school and moving onto Post 16. From year 9 in school, we are part of our Education, Health and Care plan annual reviews to talk about our futures and ideas with our teachers.

**Edie-** so Year 9 parents/carers and young people should be exploring / visiting placements for parental preference and young persons need.

Year 10- Deciding young people/ parental preferences

Year 11- Confirming and preparing transition.

I have already completed my travel training though GCC to give me independence to use the public bus and go into town.

**Nirosh** – We have a 1:1 career guidance interview in year 11 and Year 10 with Jude who is a qualified careers adviser to talk about our future, our interests, future goals and to see if there are extra opportunities like work experience, employer encounters or visits we can do to widen our experience. Jude will talk to our teachers (with our consent) to see if new ideas can be put in place.

**GRACE-** The whole school gets involved in fundraising for different charities, volunteering and taking part in Employer Encounters. We have been on trips to Cattle Country, residentials, fishing, had art and history trips, we have a fantastic football team who recently played at the Hartpury college tournament.

**Luke-** We have had so many different visitors into school like roaming reptiles, a travelling FLY2HELP airport, science shows, actors and various youth support services into school.

**Edie-** I enjoy being able to share what we think and how our opinions as young people matter. There are opportunities to be prefects, school council and ECO representatives.

I liked giving feedback at the new re-launch of the Preparing for Adulthood at Skills Zone. (although the free lunch- was a good perk!)

**Luke-** Do not let your disabilities stop or affect what you want to do in your future.

**Jude-** Let's enable and not disable. We are passionate that young people should experience more, and practical learning helps to inspire, raise aspirations and remove barriers to future goals.

**Jack-**

**Grace-** Do what is best for you! If you are musical and enjoy singing or signing, playing the drums, sporty, arty there is something for everyone at Milestone school.

**Nirosh-**We are always listened to and there is help and support if needed.

