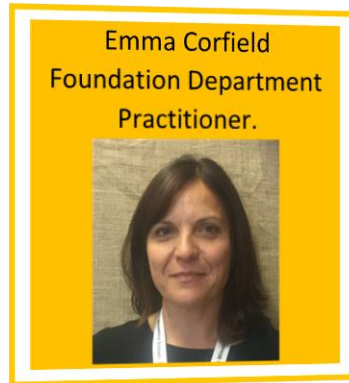


## The Thrive Approach at Milestone School.

### Meet the Team.



At Milestone School we are proud to have adopted the Thrive Approach to promote the wellbeing of all our pupils. We want our pupils' emotional wellbeing to be at the heart of the school's culture and ethos.

### What is Thrive?

The Thrive Approach has evolved over the last 25 years, providing those who work with children and young people the knowledge, skills and tools to optimise social and emotional development. We want to support and encourage the development of confident, curious, creative and independent pupils who are emotionally ready to learn and who have the necessary resilience to cope with the challenges that they face.

The Thrive Approach draws on the latest research into brain science, child development and attachment theory. It supports us in understanding how the brain develops and how

best to support this development by providing the relevant experiences for our pupils at each stage.

We also want to support all staff in understanding that all behaviour is a means of communication. The greater our understanding of this the better we can support the emotional needs of our pupils.

### The Thrive Approach at Milestone School.

We believe that supporting our pupils to build positive relationships is key to supporting their social and emotional wellbeing and in turn this increases their ability to engage successfully in learning. The Thrive Approach will support us to develop strategies and ensure that pupil wellbeing is at the heart of our ethos and culture.

All pupils will be screened 3 times a year by their class teacher using a tool called Thrive-Online which identifies the developmental needs of individuals or groups and suggests action plans to meet these needs so that children and young people can move forward and fulfil their potential.

To support teachers, we have 4 Thrive Practitioners who will support Teachers and Learning Partners to screen classes and create class action plans.

Some pupils may need individual action plans to support their social and emotional development. In this event we will discuss this with you.

If you would like any further information, please contact me:-

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